



How To Use A Spacer Device/MDI

How To Use A Spacer Device With A Metered-Dose Inhaler (MDI)

CUE WORDS

1. **REMOVE** the caps.
2. **SHAKE** the inhaler.
3. **INSERT INHALER** mouthpiece in the chamber.
4. **SEAL LIPS** around the SPACER DEVICE mouthpiece. **EXHALE.**
5. **DEPRESS** inhaler into SPACER DEVICE.
6. **INHALE** slowly and deeply.
7. **HOLD BREATH** for 5 – 10 seconds.
8. **EXHALE.**